

ISSUE

9

28 May 2021

# Caritas COLLEGE Newsletter



## KEY DATES

**Celebration of Sacrament of  
First Eucharist**  
29 & 30 May 2021

**Stage 2 English Excursion  
'Euphoria'**  
2 June 2021

**Year 7-9 Assembly**  
3 June 2021

**Year 10 Outdoor Ed  
Flinders Trek**  
9-11 June 2021

**Queen's Birthday Public  
Holiday**  
14 June 2021

**Year 3-6 Assembly (5/6G)**  
17 June 2021

**Mid-Year Reception Term 3  
Transition Visits**  
21-25 June 2021

**Year 10-12 Assembly**  
24 June 2021

**SAPSASA Girls Football**  
25 June 2021

**SAPSASA Boys Netball**  
25 June 2021

Further information on events is available  
on our website  
[http://www.cc.catholic.edu.au/news-  
events/calendar](http://www.cc.catholic.edu.au/news-events/calendar)

# 150 years

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## Principal's Message

### Pentecost Sunday

Sunday 23 May was Pentecost Sunday, marking the end of the Season of Easter. Pentecost celebrates how the Holy Spirit came to Jesus' disciples to help them remember Jesus' teaching, and to go out with courage to spread that teaching to all nations. It is often called the 'birthday of the church' and marks the change of liturgical season to Ordinary Time.

*Spirit of hope,  
Breath in us  
And through our world  
So that in these uncertain times  
We will have enough courage to  
Participate wholeheartedly in making  
your Kingdom come.  
Amen  
(Mary Ryan rsj)*

### National Reconciliation Week 27 May – 2 June

Each year we look forward to renewing our commitment to promoting justice and reconciliation for Australia's First Peoples. As a Catholic school founded in the Josephite tradition, we are called to recognise, value and respect indigenous cultures and traditions. We are called to stand in solidarity with Australia's First peoples and work to bring about a better understanding, respect and recognition of indigenous spirituality and culture. Reconciliation Australia's theme for 2021, More than a word. Reconciliation takes action, urges the reconciliation movement towards braver and more impactful action. Students and staff were invited to consider the actions they can commit to progress reconciliation during Reconciliation Liturgies held Thursday.



### Pledge - Committing to the Future Daily Steps Towards Reconciliation

Today I will treat everyone equally and fairly.

Today I will respect the rights of others no matter who they are.

Today I will be sensitive and thoughtful to those around me.

Today I will see people and not colours or race or clothes labels.

Today I will accept that everybody is unique and special in some way.

Today I will talk to someone I don't usually talk to.

Today I will speak out against racism, discrimination and injustice.

Today I won't shut out someone because they don't fit with my group.

Today I won't laugh at racist jokes.

Today I won't make fun of someone who cannot speak English.

Today I won't be condescending and patronising towards others.

Today I won't judge someone on how they look.

Today I won't start a sentence with "I'm not racist but..."

Today I will speak out against racism, discrimination and injustice.



### Building Project Update

I am pleased to share with you that the building project in the Penola Learning Centre is progressing; you may have noticed the rendering of the exterior walls has been completed. What a transformation!



### Wellbeing Initiative - Classroom Pulse 'Check In'

During weeks 5 and 6 the online *Classroom Pulse Check In* will once again be conducted. This initiative began last year as a means of gauging how students are currently feeling about their experience in school. It is tailored to allow your child's teacher(s) to check in and provide immediate feedback and support to them. The Check In will be carried out during the school day. There are a range of simple questions about your child's life at school, their identity as a person and a learner, their sense of belonging, safety, and friendships. For each statement, students will select whether they feel it applies to them "most of the time," "sometimes" or "not very often." Students in Reception – Year 3 will have emojis alongside the options to help them identify their feelings. A sample of the Check In can be found here [www.cesa.catholic.edu.au/classroompulse](http://www.cesa.catholic.edu.au/classroompulse) In addition to supporting your child, de-identified data from all participating schools will be used by Catholic Education SA to identify trends to assist in future planning for the support of the learning and wellbeing for students across South Australia. Catholic Education SA believes that our role is to help every child to be a thriving person, capable learner and a leader for the world God desires. As this is the third term that the survey has been conducted we understand how this Check In helps to support our students to reach that goal. Please do not hesitate to contact the College if you require any further information.

### World Environment Day

World Environment Day is on 5 June and the theme for 2021 is REIMAGINE. RECREATE. RESTORE. Our understanding of our relationship with the environment is informed through the Catholic Social Teaching Principle, Care for our Common Home which at its simplest states we are responsible for looking after the world we live in.

Pope Francis recently launched the seven year Laudato Si' action plan with seven goals: the response to the cry of the earth, the response to the cry of the poor, ecological economics, adoption of simple lifestyles, ecological education, ecological spirituality, and community involvement.

*"Many things have to change, but it is we human beings who above all have to change."  
Pope Francis, Laudato Si' #202*

An example of action at Caritas College that supports the principle of Care of Earth is the development of the Walk of Acknowledgement which includes the planting of trees and shrubs to create a reflective pathway whilst also acknowledging the development of our college over the past 150 years. We will continue to beautify our school grounds with more plantings planned to coincide with World Environment Day.



**REIMAGINE  
RECREATE  
RESTORE**  
#GenerationRestoration

### SEQTA

At Caritas College we have begun the staged implementation of SEQTA which is a suite of software designed to enable greater collaboration and to manage timetables, attendance, feedback and results. Staff have been working in the 'Teach' space to plan for teaching and learning and administrative tasks. Soon we will be activating 'Learn' for our students in Years 7 -12. This is the portal where students will access their timetable, general information from learning areas including upcoming assignments. Later in the year the family/parent contact portal, 'Engage' will be rolled out. We will provide families with the relevant information in the coming weeks.

### 150<sup>th</sup> Birthday Celebrations – Thank You

To the Principal, Staff, Students, Volunteers  
and everyone who had a role to play.

May I apologise for not handwriting this thank you message.

What a wonderful weekend of celebrating the 150 years of Caritas College. Thank you all so much for your warm and generous hospitality, the Liturgy on the Sunday followed by a lovely lunch. Then on the Monday more celebrations.

What a magnificent morning tea provided by the staff on the Monday. Thank you all it was delicious ! The Josephite charism is alive and well amongst the staff and students. That fact fills me with joy and optimism for the future.

The College Student Leaders (and possibly other senior students )were kept busy over the two days. They were friendly and courteous, nothing was too much trouble for them.

The Sisters at the Kensington Convent are still talking about how wonderfully warm and friendly the students who visited recently were.

I can't resist next comment given my profession, Anna how fabulous were those young singers . I've been singing your College Song all day thanks to those students !!

There is something very special and unique about your College- may it continue.

With grateful thanks and admiration,

*C Roberts*

Colleen Roberts rsj



*The fact that children can make  
BEAUTIFUL MUSIC  
is less significant than the fact that music can make  
BEAUTIFUL CHILDREN*  
- Cheryl Llewellyn

*Mary Manning, Acting Principal*



## Reception Blue – Physical Education

The Reception Blue students have been working on their balance and coordination skills. This term, they are concentrating on balancing, jogging, sliding, skipping and hopping.



## Year 5/6 - Science

The Year 5/6 classes recently conducted two experiments using bi-carb soda and vinegar. The first experiment showed how the chemical reaction between bi-carb soda and vinegar creates a gas.

In the second experiment, they used a balloon to trap that gas to see if it had any weight at all. Most of the balloons weighed at least 5 grams heavier than the empty balloon.



## Year 7 Blue – HASS

In HASS, Year 7 Blue have been exploring the issue of the World's Biggest Garbage Patch in the Pacific Ocean and proposing ideas for positive action for sustainability. They used their knowledge to make books to explain the issue to Miss Rowe's Year 1/2 class. They then visited the 1/2's to read their books and spend some time sharing their knowledge.



## Year 8 - Camp

Students travelled to Adelaide where they visited the Mary MacKillop Museum and stayed at the Woodhouse Activity Centre. There was a lot to keep busy including obstacles on Challenge Hill, a split-level maze to work through, tube slides, crafts and survival skills to learn. The students participated in team building exercises and reflection, before returning to school after making lots of memories.



## Year 10 – Health

As part of the harm minimisation course the Year 10 Health students are currently participating in, they are learning about how alcohol affects the body. This week they discovered that the liver breaks down alcohol at a rate of approximately 7-10 grams of alcohol per hour (approximately 1 standard drink). Students then identified what comprises a standard drink and were surprised about the different strengths of various alcohol beverages.



## Year 12 – Biology

This week our Year 12 Biology students performed the practicals they designed to test how factors such as light intensity, carbon dioxide concentration and the visible light spectrum affect the rate at which autotrophs photosynthesise.





## Around the College





