

Caritas College Port Augusta

# Sun Smart / UV Radiation Education Policy

Caritas College School Board

# Rationale for the Sun Smart / UV Radiation Education Policy

Caritas College is committed to the health and wellbeing of all staff members and students. In an arid environment such as Port Augusta with significantly high summer temperatures and consistent UV index forecasts of three and over, the College recognizes the need for a Sun Smart / UV Radiation Education Policy.

Caritas College has an active role in developing awareness and practice of being Sun Smart:

- Australia has the highest rate of skin cancer in the world
- Nearly all skin cancer can be prevented by protecting the skin from overexposure to UV radiation
- Research shows that over exposure to the sun's UV radiation during childhood and adolescence increases the risk of developing skin cancer (Cancer Council of SA).

Caritas College is in an ideal place to play a significant role in lowering the risk of skin damage by implementing comprehensive policy and practice that protects and educates the school community.

• The Sun Smart / UV Radiation Education Policy relates directly to the Catholic Safety Health & Welfare SA Education (CSH&W SA) Maintaining Workplace Health Procedure (1) V1

Caritas College in partnership with families can play a significant role in reducing UV radiation exposure and changing behaviour through role modeling and education.

#### Role of the School Board is to:

- Monitor and review the implementation of the Sun Smart / UV Radiation Education Policy
- Ensure capital development and grounds planning observes and supports the Sun Smart Policy
- Be informed of all policies in relation to skin protection including the CSH&W SA Education Sector Policy—No 12 Protection from Heat and UV Radiation Procedure.

## Role of the Principal is to:

- Monitor, and promote the implementation of the policy and accompanying procedures
- Ensure the policy is implemented in relation to the CSH&W SA Education Sector Policy No12 Protection from Heat and UV Radiation Procedure
- Support staff in implementing the policy
- Ensure staff members receive relevant training in relation to skin protection
- Monitor learning programs to support learning about Sun Smart / UV Radiation education.

#### Role of the Families is to:

- Be familiar with and support the Sun Smart Policy
- Actively encourage students in the implementation of the policy by providing personal protective equipment appropriate to learning activities undertaken by students.

## Role of the Staff Members is to:

- Actively implement the Sun Smart / UV Radiation Education Policy.
- Incorporate an effective combination of skin protection measures when planning outdoor events or lessons
- Model appropriate sun smart behaviour as per the CSH&W SA Education Sector Policy—No12 Protection from Heat and UV Radiation Procedure
- Actively participate in staff training
- Incorporate teaching skin cancer prevention in relevant learning programs.

#### Role of the Students is to:

- Be aware and follow the Sun Smart/ UV Radiation Education Policy
- Cooperate with staff and families in the implementation of procedures
- Take responsibility for ensuring personal protective equipment is worn for stated activities

#### Links

Catholic Safety Health & Welfare SA Education (CSH&W SA) Maintaining Workplace Health Procedure (1) V1 Procedure 1 - Maintaining Workplace Health

Caritas College Inclement Weather Policy and Procedures Inclement Weather Policy.pdf

SACCS Excursions, Camps Adventure, Physical and Sporting Activities Procedures Procedure - Camps, Excursions, Sporting and Adventure Activities

#### References

The Cancer Council Australia recommends the use of sun protection measures when the UV Index is 3 and above.

Cancer Council SA – SunSmart Schools Program https://www.cancersa.org.au/prevention/sunsmart/sunsmart-program/

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