



## Principal's Message

### KEY DATES

**Adel Cup Public Holiday**  
9 Mar

**St Laurencia Anniversary Liturgy**  
11 Mar

**Year 9 Rite Journey Ceremonies**  
11 Mar 6.30am  
Shoreline Caravan Park  
(change of location)

**AGM**  
11 Mar, 6.30pm  
Staffroom

**R-2 Assembly (1/2B)**  
12 Mar

**Year 12 Tennis**  
16 Mar

**National Day of Action Against  
Bullying & Violence**  
19 Mar

**St Joseph's Day**  
19 Mar

**Spencer Gulf Athletics Carnival**  
Port Lincoln  
20 Mar

**Yr 9 Aquatics**  
25-27 Mar

**Year 3-6 Assembly (5/6B)**  
26 Mar

**Year 8 and 10 Immunisations**  
27 Mar

Further information on upcoming events is  
available on our website  
[http://www.cc.catholic.edu.au/news-  
events/calendar](http://www.cc.catholic.edu.au/news-events/calendar)

T: 08 8648 9700

**Absentee SMS:**  
0428 937 348  
[www.cc.catholic.edu.au](http://www.cc.catholic.edu.au)

### Lent & Project Compassion

Last Week we celebrated the beginning of Lent on Ash Wednesday. The 40 days of Lent provide us all with the opportunity to reflect, grow and become closer to God just as Jesus did. We can do this through deep personal reflection. Reflection alone is sometimes not enough. There also needs to be action. Throughout Lent we commit ourselves to a good cause called Project Compassion. We work to raise awareness and funds to alleviate poverty, hunger, oppression and injustice locally and around the world.

*"He has showed you, O man, what is good; and what does the Lord require of you but to do justice, and to love kindness, and to walk humbly with your God?" - Micah, 6:8*

### Sr Mary Laurencia Anniversary

Next Wednesday 11 March we will commemorate the anniversary of Sr Mary Laurencia. The Year 5-12 SRC will visit the graveside of Sr Laurencia to honour her short life of service and the work of the pioneering Sisters. Commemorating important events such as this, helps us to understand and appreciate who we are. The beginnings of our story continue to inspire the work we do today. Sr Mary Laurencia is a key figure in the history of Caritas College. As the College approaches its 150 anniversary in 2021, it is fitting and important that we acknowledge our past in order to understand and appreciate the trials and triumphs of our story.



### Parent/Teacher Interviews

I was delighted to see lots of parents/caregivers visit the school last week to meet with teachers and engage in meaningful dialogue about the learning growth and progress of students. These conversations are important and help form the essential relationship that must exist between 'home' and 'school' to ensure that students are supported by the adults around them to be the best they can be.

### Sports Day

There is still an apparent buzz in the yard from the Sports Day. Based on the observations of staff and initial feedback from students and families, we are declaring the twilight event to be great success. It was a significant change from previous years. Nonetheless it was decorated with great individual efforts and wonderful displays of sportsmanship from the students. The younger students ran and jumped. The older students sprinted and launched themselves to new heights. They all laughed and cheered. Parents smiled and were proud. I would like to congratulate everyone for their involvement in Sports Day, whether it was as a competitor, volunteer, spectator or staff member. I would especially like to acknowledge and thank Mr Jack Muirhead and Mr Leigh O'Shaughnessy for their planning, organisation and facilitation of the event. We look forward to reviewing some aspects of the event in order to build on its success again next year.



### College Board Annual General Meeting

Our College Board AGM will be held Next Wednesday 11 March at 6:30pm in the Staffroom. All families are welcome to attend. The 2019 School Performance Report will be presented, along with reports from the President, Chairperson, Treasurer and Principal. Light refreshments will be provided. If you are interested in joining the Board, please contact Mrs Michelle Dunning at the College prior to the meeting to learn more. Some of the below information may be of assistance to you in understanding the role of the Board and the responsibilities of its members:

#### Role of the Board:

Each diocesan School Board has responsibility for the overall wellbeing of its school. In practice, this means that, in a spirit of partnership, Boards act in an advisory capacity to:

- develop policies that nurture the religious dimension and guide the direction of the school;
- develop the relationship between the school and the local Church;
- promote educational excellence within the school;
- support the administration of the school;
- foster harmonious and positive collaboration within the school community;
- protect children;
- monitor buildings and grounds development and maintenance;
- exercise financial stewardship of the school; and
- ensure compliance with legal obligations.

#### Board members of a Catholic school are required to:

- possess an enthusiasm for and willingness to promote the mission of Catholic schools;
- bring to the board their gifts and skills;
- desire to give service to their school community;
- have an ability to work cooperatively and constructively with all members of the board;
- be prepared to undertake formation;
- have an ability and desire to uphold confidentiality in board matters;
- have sufficient time to devote to board duties;
- have a current police check clearance through the Screening and Verification Authority;

### Coronavirus Update

The Federal Government has updated its advice on coronavirus disease (COVID-19).

Restrictions are in place for people who have recently returned to Australia from Iran or mainland China, with the following advice issued to staff and parents about attendance at schools and early childhood facilities.

In the following scenarios you **cannot** attend school or an early childhood centre:

- If you have left, or transited through Iran on or after 1 March - you must [isolate](#) yourself until 14 days after leaving Iran.
- If you have left or transited through mainland China - you must [isolate](#) yourself until 14 days after leaving China.
- If you have been in close contact with a confirmed case of novel coronavirus - you must [isolate](#) yourself for 14 days after last contact with the confirmed case.

At this stage, the Federal Government advises that travellers from Hong Kong, Indonesia, Japan, Singapore, Thailand, South Korea, Italy and Cambodia who have not been to mainland China or Iran are not required to self-isolate unless they are unwell, in which case they should seek medical assistance.

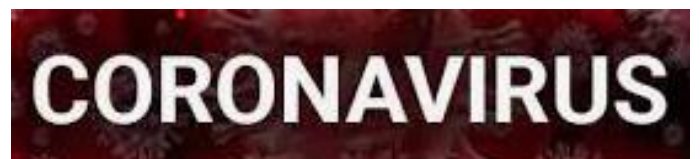
#### **Practising good hygiene**

Everyone can protect against infections by practising good hygiene. Encourage all children and staff to:

- wash their hands regularly, particularly after using the toilet and before eating
- avoid spreading infections to others by keeping children home if they are unwell
- cover a cough or sneeze with a tissue

Resources and posters are available from [SA Health](#).

Parents seeking more information should be encouraged to call the National Coronavirus Health Information Line on **1800 020 080** or visit: [www.health.gov.au/resources/publications/coronavirus-covid-19-information-for-schools-and-early-childhood-centres](http://www.health.gov.au/resources/publications/coronavirus-covid-19-information-for-schools-and-early-childhood-centres)



*Damian Smith, Principal*

## Year 9 Rite Journey

### Making of talking blanket and challenge beads

The Year 9 Rite Journey girls have been working on decorating their challenge beads and putting their talking blanket together. The talking blanket is being used throughout the Rite Journey lessons this year as a representation of a talking stick. The 'Talking Stick' has been used for centuries by many cultures as a way to practice respectful listening and for people to be able to speak without interruption. The person holding the stick is the only person with the right to speak. When they have finished they hold out the talking stick or put it back in the middle of the circle and whoever wishes to speak next takes it or the stick is passed from one individual to another. The Year 9 Rite Journey girls have made a talking blanket made from material from their childhood and decorated with symbols to represent their individual identities.



## Year 10 Science

Yr 10 students have been refining their Science practical skills in the lab, using equipment safely & correctly while identifying if the mass of salt added to distilled water will affect the temperature it boils at or identifying if the mass of salt added to distilled water will affect the time taken for it to boil.



## Clean Up Australia Day

On 1 March was Clean Up Australia Day! Last week the R-12s stepped up to clean around the school with their buddy classes. Going out and working together to clean the yard highlights the importance of looking after our environment. This will be an ongoing effort to make sure we are doing our bit to be wonderful stewards of creation.



### Year 10 Religious Education – Character Strengths

The Year 10s visited Mrs Walker's receptions to talk about character strengths. They discussed their own special strengths and explained how they demonstrate each one. The students then ventured outside for prayer, showing the receptions that we can pray in all different spaces.



### Junior Josephites

R-4 student leaders have had their first meeting. Accompanied by some very enthusiastic Year 12 leaders, they began with some teamwork games before getting down to business. They will pick up from last year continuing on with Pollution Police, once a week with Miss Rowe promoting correct use of rubbish disposal.



### Year 12 Child Studies

Students have been researching childhood nutrition and the options available locally for children when eating out. They visited Archer's Table to interview Brad and taste tested their menu, also interviewed Andrea from Ian's Western Hotel. Students then designed a menu and prepared a meal that could be offered on a 'kids' menu. They also created an activity that could be available at a venue to entertain children whilst waiting for their meal.



### Shrove Tuesday

Thank you to our Year 12 students who spent the morning making delicious, fluffy pancakes for our school community. There were lots of smiling, albeit sticky faces.



### Ash Wednesday

Ash Wednesday liturgies were held for all students from Reception to Year 12. Lent lasts for 40 days and is a time for reflection as we look to prepare for Easter.



# 2020 SPORTS DAY RESULTS



CARITAS COLLEGE

## Individual Female

U/9	Urshula Poole	26 MacKillop
U/10	Ava Horvat	27 MacKillop
U/11	Bridie Lukich	31 MacKillop
U/12	Isobel McTaggart	34 Tenison
U/13	Krystal Thompson	41 MacKillop
U/14	Chernille Digance	37 MacKillop
U/15	Ellyssa Myles	30 MacKillop
U/16	Mia Smith	28 Tenison
Open	Phoebe Hunter	33 Tenison

**Athlete of the Day**  
Krystal Thompson 41 Points

## Best Dressed

Jed Waterworth, MacKillop

## Team Spirit

Joseph

## Individual Male

U/9	Nate Lukich	30 MacKillop
U/10	Leo McInnis	32 MacKillop
U/11	Logan Ruffles	33 Joseph
U/12	Gus Price	31 MacKillop
U/13	Rhys Hannagan	33 Joseph
U/14	Robert Warren	41 Joseph
U/15	Mackenzie Boxall	42 Joseph
U/16	Clancy Morgan	41 MacKillop
Open	Cameron Tansell	27 MacKillop

**Athlete of the Day**  
Mackenzie Boxall 42 Points

## Final House Tally

MacKillop 1657  
Joseph 1650  
Tenison 1363

Event	Name	New Record	Previous Record	Record Holder	Year
U/14B Long Jump	Robert Warren	5.02m	4.99m	C. Whitaker	2005
U/16B Long Jump	Clancy Morgan	5.81m	5.34m	M. Haren	1994
OpenG Long Jump	Phoebe Hunter	4.3m	4.24m	J. Hill	2015



## Twilight Sports Day



**MacKillop**

**Joseph**

**Tenison**

### Medication and Health Care Plans

As per our Health Care & Medication Policy the role of families is to provide relevant and updated information for students, to actively participate with College staff in the development and maintenance of a Health Care Plan and to inform College staff of any change of circumstance that relates to the health care and wellbeing of students.

Please ensure that your child's medical information is up to date and their medication is in date. If medication is no longer required, please also advise the Front Office

### Have you updated your Contact Details?

It is always important to ensure that your contact details are correct and updated (phone numbers, email addresses, postal address etc), emergency contact people and their contact details. If details change at any time of the year, please advise the school office so that our school records can be as up to date as possible. Thank you



Moved address?  
New email address?  
Have a new mobile phone?



To request an appointment online, go to:  
[www.sahealth.sa.gov.au/dentalappointment](http://www.sahealth.sa.gov.au/dentalappointment)

For clinic locations, go to: [www.sahealth.sa.gov.au/findyourclinic](http://www.sahealth.sa.gov.au/findyourclinic)

## ROTARY YOUTH EXCHANGE

A World of Opportunities!

- ❖ **Experience** life as a local in another country
- ❖ Engage in a different **culture**
- ❖ **Develop** self confidence and maturity
- ❖ Form lifelong **friendships** with international students
- ❖ Develop new **language** skills
- ❖ Experience a different system of **education**

Find out more at:  
<http://www.rotaryyouth9500.org.au/youth-exchange/>

#### CONTACT US

Rotary Port Augusta  
PO Box 182, PORT AUGUSTA SA 5700  
[information@rcpa.org.au](mailto:information@rcpa.org.au)



## BECOME A HOST FAMILY

### Are you interested in hosting a student from overseas?

The Rotary Youth Exchange Program offers students the opportunity to experience life in another country. The Rotary Club of Port Augusta is looking for families to host an incoming student.

#### What is expected of a host family?

Host families voluntarily open their homes to an overseas student for a 3 to 4 month period, and offer them a safe and family friendly environment to live in. Students are typically between 15 and 18 years of age and are required to attend school during their stay.

This is a wonderful opportunity to develop lifelong friendships and learn about a different culture.



For further information contact [information@rcpa.org.au](mailto:information@rcpa.org.au)